



EARTH FIRST AID

Thank you for supporting our locally owned small business!

WHAT GOES IN THE RECYCLING BINS?

PAPER

YES

Newspapers/Inserts

Magazines

Catalogs

Junk Mail - no product samples like credit cards, etc.

Envelopes - labels/window okay

Home Office Paper - white/pastel paper, copy/fax paper, post-it notes, manila envelopes, shredded file folders, paper ream wrappers



NO

Wax Coated Papers/Boxes - juice/milk boxes

Tissues/Tissue Papers

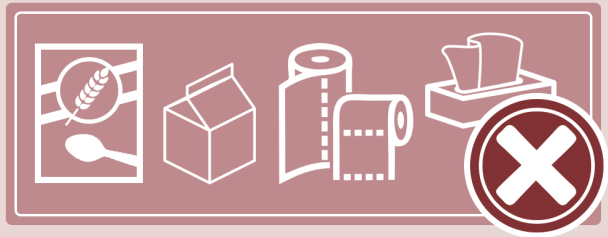
Food Wrappings

Paper Towels

Soiled/Food-Stained Paper

Boxboard - thin cardboard like cereal boxes, shoes boxes, soda/beer cartons

Hard Back Book Bindings



METAL

YES

Aluminum Cans

Steel/Tin Cans

Glass Bottles - beer, wine, food jars (remove all caps, corks, and lids)



Did you know?

Glass bottles and jars can be recycled endlessly without any loss in purity or quality.



NO

Bottle Caps

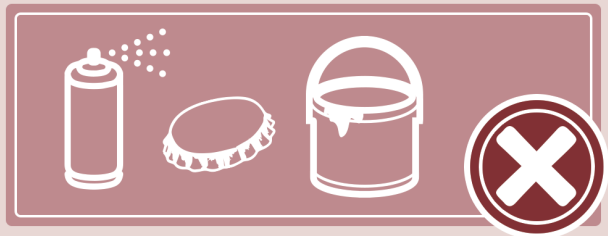
Aerosol Cans

Paint/Solvent Containers



Did you know?

Recycling one aluminum can save enough energy to light a 100 watt light bulb for four hours.



ITS NOT JUST TRASH ANYMORE!

GLASS • PAPER • PLASTIC • ALUMINUM • CARDBOARD

PLASTIC

YES

Plastic Bags - place all bags in one and tie closed

Plastic Bottles - only "twist-on" bottles are acceptable, such as:

Milk Jugs

Pop / Water / Juice Bottles

Laundry Detergent Bottles

Shampoo Bottles

All-purpose Cleaner Bottles



NO

Plastic Caps / Lids - please remove caps/lids and discard

Tubs or buckets - butter, wash buckets, trays, clamshells, etc.

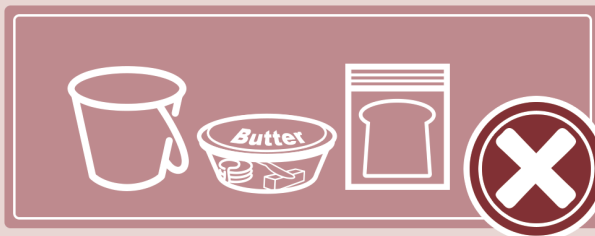
Ziplock bags

Black plastic bags



Did you know?

Americans use 2.5 million plastic bottles every hour! Most of them are thrown away.



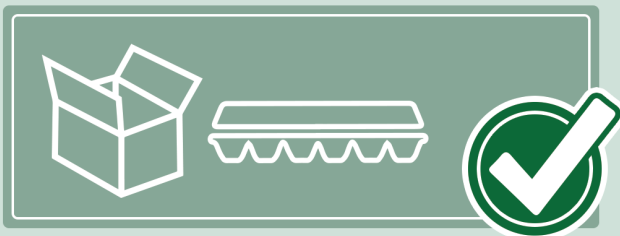
CARDBOARD

YES

Brown Cardboard / Thin Brown Boxboard - soda box, clean pizza box

Moving / Mailing Boxes

Cardboard Egg Cartons



NO

Grey or White Cardboard or Boxboard

Waxed Cardboard or Boxboard



Did you know?

Cardboard is the single largest component of municipal solid waste around the world. Recycling one ton of cardboard saves nine cubic yards of landfill space and 380 gallons of oil.

Since its beginnings, Earth First Aid has recycled roughly **900 tons** of paper. Every ton of paper recycled saves 3.06 cubic yards of landfill space, 7,000 gallons of water, and 4,000 kilowatt hours of energy. Help spread the word of our convenient and earth friendly service, locally owned and operated since **2005!**

Keep this as a handy reference!

Questions? Call Scott at 406-698-0903



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